Food: Cooking

Q	X	K	Z	X	L	W	R	S	Z	D	C	K	D	F	O	K	Y	B	V
M	B	L	R	V	B	J	U	R	J	X	H	O	J	G	K	H	X	U	I
I	D	S	E	E	C	A	B	D	A	O	W	N	X	W	V	O	D	M	S
S	E	D	Y	B	L	G	B	S	G	T	S	N	Y	E	T	N	Q	D	L
T	H	X	W	D	L	D	H	U	Z	R	I	G	P	I	I	R	F	P	R
U	H	M	I	C	Q	R	A	S	E	R	M	R	V	O	P	X	Y	A	C
R	U	R	Z	U	M	T	A	C	R	H	A	W	F	A	Q	R	R	V	O
A	H	Q	Q	A	Q	D	N	T	R	T	P	U	M	M	U	B	B	J	C
R	Y	M	O	E	R	E	S	W	I	A	A	E	N	B	E	V	T	D	I
U	D	D	F	O	V	S	N	G	H	R	N	V	D	U	H	M	V	G	N
E	R	Q	M	F	R	C	A	S	C	A	F	O	Q	D	E	I	N	V	A
R	A	V	X	A	R	A	L	A	R	C	V	R	I	P	C	K	X	I	R
H	S	Q	D	U	L	S	H	D	Z	I	F	A	A	C	T	Q	A	K	A
U	S	S	J	R	V	C	D	Q	X	F	E	H	L	T	I	R	C	R	V
Z	A	U	N	E	R	A	S	J	I	I	R	L	M	X	I	D	G	B	A
R	Y	O	P	K	R	R	Y	Z	N	R	V	E	A	K	O	G	A	H	P
E	V	Y	R	A	T	R	O	C	S	B	E	R	T	M	E	F	A	H	O
J	E	K	F	T	C	U	F	Z	H	U	R	G	J	G	V	M	G	X	R
P	R	A	H	N	I	Z	O	C	R	L	R	A	M	A	R	R	E	D	M
M	N	O	T	N	E	L	O	G	O	F	M	E	R	E	Z	O	C	L	F

TO ADD
TO BEAT
TO POUR
TO COOK
TO BREAK
TO STEAM
TO STIR-FRY
TO FRY
TO STIR
TO CHOP
TO PEEL
TO MINCE
TO GREASE
TO MIX
TO BAKE
TO BOIL
TO GRATE
TO GRILL
TO SIMMER

Solution

Q	X	K	Z	X	L	W	R	S	Z	D	C	K	D	F	O	K	Y	B	V
M	B	L	R	V	B	J	U	R	J	X	H	O	J	G	K	H	X	U	I
I	D	S	E	E	C	A	B	D	A	O	W	N	X	W	V	O	D	M	S
S	E	D	Y	B	L	G	B	S	G	T	S	N	Y	E	T	N	Q	D	L
T	H	X	W	D	L	D	H	U	Z	R	I	G	P	I	I	R	F	P	R
U	H	M	I	C	Q	R	A	S	E	R	M	R	V	O	P	X	Y	A	C
R	U	R	Z	U	M	T	A	C	R	H	A	W	F	A	Q	R	R	V	O
A	H	Q	Q	A	Q	D	N	T	R	T	P	U	M	M	U	B	B	J	C
R	Y	M	O	E	R	E	S	W	I	A	A	E	N	B	E	V	T	D	I
U	D	D	F	O	V	S	N	G	H	R	N	V	D	U	H	M	V	G	N
E	R	Q	M	F	R	C	A	S	C	A	F	O	Q	D	E	I	N	V	A
R	A	V	X	A	R	A	L	A	R	C	V	R	I	P	C	K	X	I	R
H	S	Q	D	U	L	S	H	D	Z	I	F	A	A	C	T	Q	A	K	A
U	S	S	J	R	V	C	D	Q	X	F	E	H	L	T	I	R	C	R	V
Z	A	U	N	E	R	A	S	J	I	I	R	L	M	X	I	D	G	B	A
R	Y	O	P	K	R	R	Y	Z	N	R	V	E	A	K	O	G	A	H	P
E	V	Y	R	A	T	R	O	C	S	B	E	R	T	M	E	F	A	H	O
J	E	K	F	T	C	U	F	Z	H	U	R	G	J	G	V	M	G	X	R
P	R	A	H	N	I	Z	O	C	R	L	R	A	M	A	R	R	E	D	M
M	N	O	T	N	E	L	O	G	O	F	M	E	R	E	Z	O	C	L	F