Así Se Dice 3 (Chapter 2)

C	E	V	S	V	A	B	J	L	C	E	S	T	I	R	A	R	S	E	D
L	A	P	P	F	O	M	D	P	A	U	P	E	T	N	E	R	F	Z	H
D	C	E	Y	M	S	J	U	R	R	P	E	D	O	L	E	R	P	U	O
B	O	I	R	V	E	Y	W	Ñ	R	R	C	A	O	C	N	W	S	X	M
V	R	D	N	S	Y	M	U	E	E	A	H	D	D	S	R	H	F	A	B
F	R	B	W	W	E	N	S	H	R	C	O	I	A	N	E	E	O	T	R
A	E	S	R	E	C	R	O	T	A	T	A	R	H	Ó	D	S	R	S	O
L	D	N	C	Z	A	V	P	V	D	I	O	E	C	T	U	R	E	I	S
L	O	T	Y	T	O	A	I	O	N	C	A	H	N	A	C	E	M	R	O
I	R	P	R	C	T	W	I	T	E	A	U	T	I	R	I	P	R	R	T
M	R	O	S	I	C	S	B	N	V	R	O	E	H	A	R	M	E	O	N
A	C	A	N	M	A	M	J	E	Y	Y	U	Q	L	M	Q	O	F	C	U
C	C	A	R	N	G	F	X	L	R	O	T	T	C	L	O	R	N	O	P
H	R	B	M	E	V	L	P	S	Z	G	E	Z	I	M	O	J	E	S	L
U	R	I	N	R	B	D	E	S	C	A	N	S	A	R	O	C	W	X	A
E	G	C	H	M	K	I	B	Z	J	G	S	F	Y	G	Í	V	F	S	N
S	A	T	L	E	U	V	L	D	Z	O	I	P	G	F	A	P	A	H	C
O	D	E	N	L	Í	N	E	A	Z	C	Ó	I	Y	D	P	S	S	W	H
X	T	O	B	I	L	L	O	U	V	S	N	N	W	J	E	E	C	E	A
L	L	L	H	Z	Y	I	B	W	Z	G	Y	T	F	P	E	S	M	E	S

LAP
SLOW
CAST
NURSE
ANKLE
RUNNER
TO ACHE
WEIGHTS
TO FALL
MARATHON
TO SKATE
PARAMEDIC
TO DO YOGA
TO CUT ONESELF

GYM
MIND
NECK
WRIST
TO SET
TO REST
IN-LINE
STITHES
JOGGING
FOREHEAD
TO BREAK
TO SPRAIN
SWEAT SUIT

BONE
RACE
WOUND
CHEST
HELMET
TO FREE
BANDAGE
SWOLLEN
TENSION
SHOULDER
PUSH-UPS
STRETCHER
TO STRETCH

Solution

C	E	V	S	V	A	B	J	L	C	E	S	T	I	R	A	R	S	E	D
L	A	P	P	F	O	M	D	P	A	U	P	E	T	N	E	R	F	Z	H
D	C	E	Y	M	S	J	U	R	R	P	E	D	O	L	E	R	P	U	O
B	O	I	R	V	E	Y	W	Ñ	R	R	C	A	O	C	N	W	S	X	M
V	R	D	N	S	Y	M	U	E	E	A	H	D	D	S	R	H	F	A	B
F	R	B	W	W	E	N	S	H	R	C	O	I	A	N	E	E	O	T	R
A	E	S	R	E	C	R	O	T	A	T	A	R	H	Ó	D	S	R	S	O
L	D	N	C	Z	A	V	P	V	D	I	O	E	C	T	U	R	E	I	S
L	O	T	Y	T	O	A	I	O	N	C	A	H	N	A	C	E	M	R	O
I	R	P	R	C	T	W	I	T	E	A	U	T	I	R	I	P	R	R	T
M	R	O	S	I	C	S	B	N	V	R	O	E	H	A	R	M	E	O	N
A	C	A	N	M	A	M	J	E	Y	Y	U	Q	L	M	Q	O	F	C	U
C	C	A	R	N	G	F	X	L	R	O	T	T	C	L	O	R	N	O	P
H	R	B	M	E	V	L	P	S	Z	G	E	Z	I	M	O	J	E	S	L
U	R	I	N	R	B	D	E	S	C	A	N	S	A	R	O	C	W	X	A
E	G	C	H	M	K	I	B	Z	J	G	S	F	Y	G	Í	V	F	S	N
S	A	T	L	E	U	V	L	D	Z	O	I	P	G	F	A	P	A	H	C
O	D	E	N	L	Í	N	E	A	Z	C	Ó	I	Y	D	P	S	S	W	H
X	T	O	B	I	L	L	O	U	V	S	N	N	W	J	E	E	C	E	A
L	L	L	H	Z	Y	I	B	W	Z	G	Y	T	F	P	E	S	M	E	S