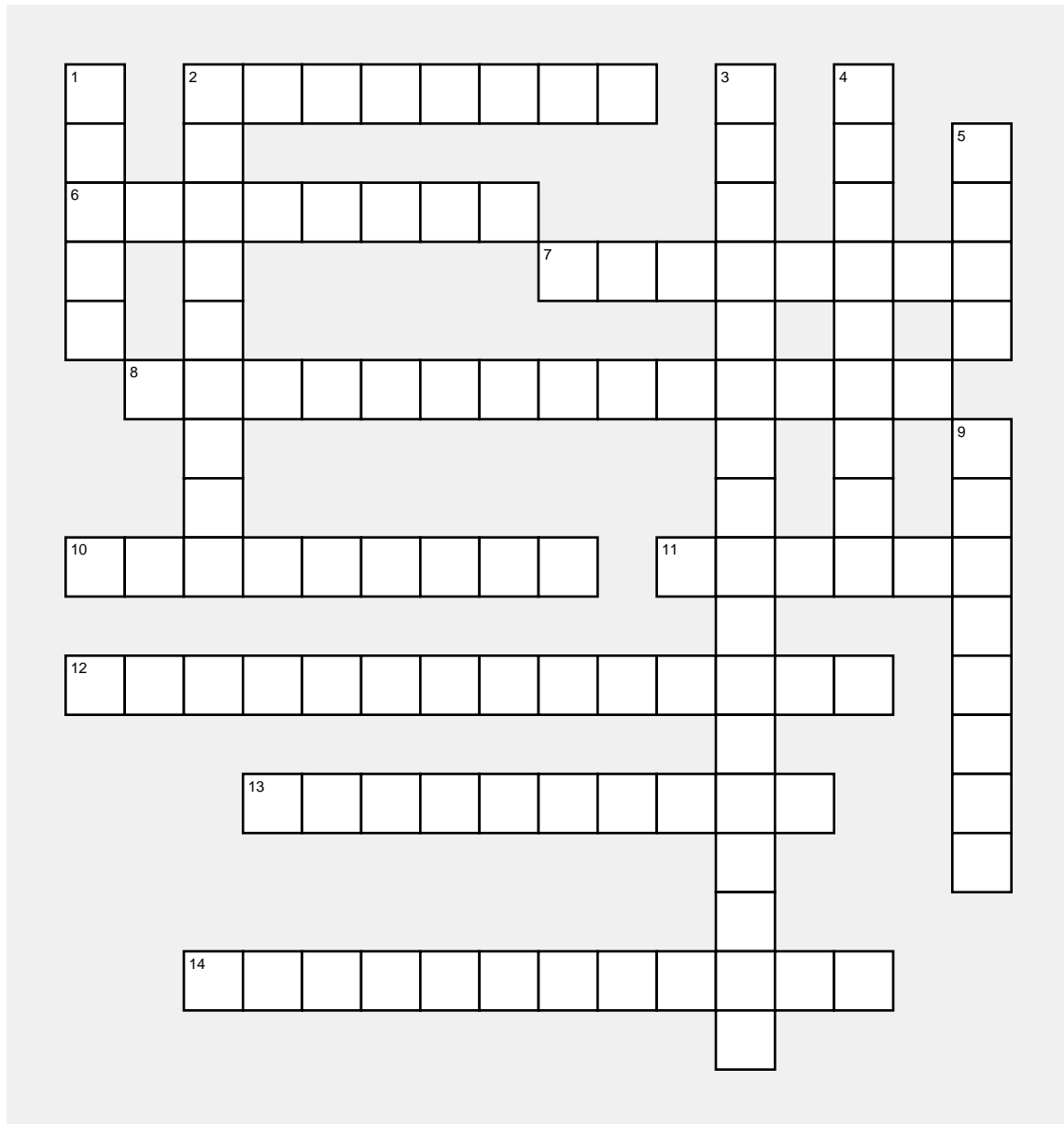


Realidades 3 (Chapter 3)



Horizontal

- 2) TO BREATHE
- 6) THE CRAMP
- 7) THE SNACK
- 8) TO DO PUSH-UPS
- 10) TO FLEX/TO STRETCH
- 11) THE IRON
- 12) TO USE A STATIONARY BIKE
- 13) TO USE A TREADMILL
- 14) THE NUTRITION/THE FEEDING

Vertical

- 1) EMPTY
- 2) TO RELAX
- 3) THE EATING HABIT
- 4) TO ADVISE
- 5) THE AGE
- 9) THE PROTEIN

